



Catering

ORGANIC, NATURAL AND NON-GMO

🌱 Vegetarian 🌿 Vegan 🌾 Gluten-Free

Party Starters Serves 10

- ★ Assorted Cheese & Crackers 🌱 \$30
- ★ Hummus w/ Tortilla Chips 🌿🌾 \$30
Substitute celery and carrots for chips \$10
- ★ Salsa w/ Tortilla Chips 🌿🌾 \$25
- ★ Onion Dip w/ Potato Chips \$30
Substitute celery and carrots for chips \$10
- ★ Potato Chip Party \$30
Sea Salt / BBQ / Jalapeño 🌿 Honey Dijon 🌱
- ★ Seasonal Fruit Platter 🌿🌾 \$30
- ★ Seasonal Veggie Platter 🌱🌾 \$30

Fresh Salads Serves 10 / Individual Serving \$6

- ★ Mixed Green Salad 🌿🌾 Mixed greens w/ carrots, cucumbers and Balsamic vinaigrette Platter \$40
- ★ Caesar Salad Romaine w/ homemade croutons, Parmesan and Caesar dressing Platter \$50
Add Italian marinated chicken breast \$40
- ★ Chef's Salad 🌾 Mixed greens w/ tomato, cheddar cheese, hard-boiled eggs, cucumber, sliced turkey and blue cheese dressing Platter \$70
- ★ Greek Salad Mixed greens w/ feta cheese, black olives, cucumbers, tomatoes and herbed vinaigrette 🌱 Platter \$60
- ★ Mandarin Almond Salad Mixed greens w/ oranges, almonds, carrots and Teriyaki Lime dressing 🌱 Platter \$60

Deli Salads Serves 10 / Individual Serving \$6

- ★ Waldorf Chicken Salad 🌾 \$55
with walnuts and cranberries
- ★ Tuna Salad 🌾 \$55
- ★ Egg Salad 🌱🌾 \$45

Wraps 6 Wraps / "Bag Lunch" w/ chips and cookie \$30

- ★ Turkey and Cheddar Platter \$36
- ★ Tuna Salad Platter \$36
- ★ Garden Veggie Platter \$36
- ★ "Mega Wrap" \$54 / 6 wraps

Soups 5 qt. Crock - 15 (10 oz.) servings \$50

- ★ Chili: Beef & Bean or Veggie
- ★ Beef and Vegetable 🌾
- ★ Chicken Posole Mexicano 🌾
- ★ Chicken Tortilla 🌾
- ★ Lemon Chicken
- ★ Chicken and Wild Rice
- ★ Coconut Chicken
- ★ Organic Greens & Bone Broth
- ★ Mediterranean Lentil 🌿🌾
- ★ Split Pea and Turkey Bacon 🌾
- ★ Curried Sweet Potato 🌱🌾
- ★ Tomato 🌱🌾



Party Starters



Soups



Wraps

Hot Entrees Serves 10

- ★ Burrito Bowl Southwest-style pinto beans, wild rice blend, sour cream, shredded cheddar cheese, salsa, shredded lettuce, and tortilla chips 🌱🌾 \$75
Add taco-seasoned, shredded organic chicken or local beef \$50
Add fajita-style chicken breast \$70
Make it a Taco Bar - substitute tortillas for wild rice no charge
- ★ Mac-N-Cheese Organic elbow macaroni in creamy cheese sauce made with perservative-free cheddar cheese \$50
- ★ Spaghetti and Meatballs Homemade, organic Italian meatballs made with local, grass-fed beef in organic marinara sauce. Served with organic spaghetti \$80
- ★ Baked Marinated Chicken Organic chicken marinated in homemade seasonings and baked to perfection. Choose from Italian Herb, Tandoori and Teriyaki 🌾
Organic Chicken Thighs \$50 / Organic Boneless Breasts \$70
Add organic seasonal sautéed veggies \$30 🌱🌾
Add mashed potatoes \$20 🌱🌾
- ★ Lasagna Organic vegetarian lasagna with spinach, zucchini, marinara sauce, ricotta cheese, and Parmesan cheese 🌱 \$70
Add local organic ground beef \$10
- ★ Salmon Cakes Wild Alaskan salmon cakes served on a bed of organic field greens. Twenty cakes per order \$80

Sweets

- ★ Cookies 12 / Platter \$35
Choose One: Chocolate Chip, Molasses Chip, Walnut Shortbread

Beverages 🌱🌾 Serves 10 / \$25

- ★ Hot Coffee Choice of: Caffeinated, Decaf (With Cream and Sugar)
- ★ Hot Teas Choice of: Chamomile, Mint, Green
- ★ Iced Teas Choice of: Ambrosia (Decaf), Black
- ★ Bottled Water
- ★ Ice Water \$20

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Carbondale, IL

- ★ Delivery Per Location ★ Staffing Available
- ★ Set-Up \$20/Hr ★ Clean-Up \$30/Hr
- ★ Prices subject to change